

## CLAIMS

1. A method of extracting a lipidic active principle from a solid material coming from a nacreous mollusk, the method being characterized in that it comprises the steps  
5 of grinding the nacre into a fine powder, of putting the powder into contact with a lipid solvent, of separating the solvent, and of extracting the lipid active principle by evaporating the solvent.
- 10 2. A method according to claim 1, characterized in that the nacre is ground to a powder having a mean grain size of less than 20  $\mu\text{m}$ .
- 15 3. A method of extracting lipids according to claim 2, characterized in that the nacre is ground to a powder having a mean grain size of about 8  $\mu\text{m}$ .
- 20 4. A method according to claim 1, characterized in that the nacre comes from oysters of the genus *Pinctada* species *margaritifera*.